

# Group Life

Begins Sept. 7th  
[grouplife@thecrossings.cc](mailto:grouplife@thecrossings.cc)

*Multi-Generational*, Godfrey & Rhea Ortiz

- Sundays at 4:30pm

*Couples & Singles*, Keith & Jill Michaelis

- TBA

*Multi-Generational*, Ed & Janis Nelson

- Mondays at 7:00pm

*Young Couples* (some with kids) Jared & Claudia Chambliss

- Tuesdays at 7:00pm

*The Armor of God* (Men), David Sass

- Tuesdays beginning September 9th, 7:00pm

*Moms & Nuggets*,

- Wednesdays at 11:00, Chick-Fil-A (Mason)

*Road To Financial Freedom*- 10 week in-depth experience of what Scripture teaches about money and possessions.

- Sundays at 2:30pm

*On the Run*- Join us for a 3 to 5 mile easy run and conversation.

- Saturdays at 7:30am.

## **Contact Us:**

Email: [churchquestions@thecrossings.cc](mailto:churchquestions@thecrossings.cc)

Website: [www.thecrossings.cc](http://www.thecrossings.cc)

Blog: [www.thecrossingsblog.cc](http://www.thecrossingsblog.cc)



*“A Fresh Start”*

**Eph. 5:15-21**

**Sunday August 31, 2008**

the crossings

*A community of faith and friends in pursuit of Jesus.*

[www.thecrossings.cc](http://www.thecrossings.cc)

How does a fresh start sound to you today?

Are there areas of your life that you would like to put away or wipe clean?

We have been given the opportunity of repentance.

And, we have been given the opportunity of grace.

It is obvious that God loves the idea of change in our lives.

Take a careful look at how you walk with Christ. (15)

**Walk metaphor:**

- Walk in a manner worthy... (4:1)
- Walk in love... (5:1)
- Walk as children of light... (5:8)
- Look carefully how you walk... (5:15)

**1. Redeem your time!** (15-16)

Time without intentionality is wasted.

*Conduct yourselves wisely toward outsiders, making the best use of the time.* (Colossians 4:5)

**2. Renew your mind!** (17)

*Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.* (Rom. 12:2)

**3. Refill your soul!** (18)

Do not let anything consume you except for the Holy Spirit.

Am I consumed by \_\_\_\_\_? (work, someone, self, etc.)

- Is it the first thing you think about in the morning?
- Is it the last thing you think about at night?
- Do you daydream about it?
- Has it become an issue in your marriage?
- Could it become an issue in your marriage?
- Has it become the greatest motivator in your life?

**How do I refill my soul?**

- Engage in community with other Christ followers. (19a & 21b))
- Follow Jesus with your lifestyle. (19b)
- Give thanks! (20)

**With your fresh start:**

What are some ways you need to redeem your time?

How are you going to create a habit of renewing your mind?

What steps can you take to refill your soul?